



[www.holywellswimmingclub.co.uk](http://www.holywellswimmingclub.co.uk)

# VALENTINE MEET 2017

**Saturday 14<sup>th</sup> and Sunday 15<sup>th</sup> January, 2017**

Under FINA Technical Rules and Swim Wales Laws  
Meet Licence – 2WL170237

TO BE HELD AT HOLYWELL LEISURE CENTRE  
**GWENFFRWD ROAD**  
**HOLYWELL**  
**FLINTSHIRE**  
**CH8 7UZ**

**2017 Events at Holywell**  
Sprint Meet 2017 – 1<sup>st</sup> July 2017  
Geoff Drew Meet 2017 – 21<sup>st</sup> or 28<sup>th</sup> October, 2017 tbc

# MEET CONDITIONS

## General

1. The meet shall be swum under FINA Technical Rules and Swim Wales Laws and any additional conditions are set out in this document "Meet Conditions".
2. All decisions made by the Meet Director shall be final and binding

## Events/Entries

1. This is a Level 2 Meet and qualifying times apply (ASA Grade A)
2. There is an 800M - three heats for girls only, and a 1500M – two heat for boys only, fastest times accepted.
3. If a swimmer has a British Ranking Time for an event, then this time must be used as the entry time
4. The Entry Fee is £4.75 or £9.00 (800 & 1500m). All fees should be paid directly into the HASC Bank Account.  
BACS: Sort Code: 20-25-69. A/C no: 00462403. Please use Club Name/Valentine Entries in reference and only one payment per club  
Spare lanes used for time trials will be permitted at the discretion of the Meet Organisers. Any arrangements for such entries must be made prior to the warm up of the session.
5. Closing Date for entries is 16<sup>th</sup> December 2016
6. Electronic Entries only in Hy-Tek Team Manager. Entry set up file and help sheet available from [events@holywellswimmingclub.co.uk](mailto:events@holywellswimmingclub.co.uk) or can be downloaded from [www.holywellswimmingclub.co.uk](http://www.holywellswimmingclub.co.uk) . All communication will be done electronically. If electronic entry is impossible please contact [events@holywellswimmingclub.co.uk](mailto:events@holywellswimmingclub.co.uk)

## Heats

1. Competitors shall be seeded in time order, slowest to fastest.
2. All heats shall be swum slowest to fastest.
3. The last three heats shall be spearheaded
4. Age groups will be combined for all races

## Trophies and Medals

1. Medals shall be awarded, to first, second and third place in Age Groups Events 9, 10, 11, 12, 13, 14, 15 & Over and to first, second and third place in Open Event
2. Winners (Top Girl/Top Boy) in each age group shall also receive a medal/award. Note that Open Events do not score towards this award.
3. There will be awards to Record Breakers
4. There will be no formal presentations. Medals and awards may be collected from the Help Desk by the Coaches/Chaperones only.

## Withdrawals

1. All withdrawals must be notified BEFORE the start of all warm ups. Notification must be made at the Helpdesk using the relevant withdrawal form and only by the coach /chaperone
2. Failure to notify the Help desk of a withdrawal within the given time requirements may render the swimmer ineligible to compete in the remainder of the Meet.
3. Should you be unavoidably detained due to circumstances beyond your control and are unable to register a withdrawal – please call 07802813302 and leave a message.

## Pre-Meet Warm Up

1. Warm-up schedule and procedures will be issued on the day should be adhered to
2. Coaches should be actively supervising the warm up to ensure that proper procedures are followed.

## Disqualifications

1. Upon disqualification, the scoreboard will be shown as the disqualified lane not having a place. The other lane place positions are adjusted.
2. Reasons for disqualification can be obtained from the Help Desk by the coach **only** and not the swimmer or their parents.

### **Medical Conditions**

1. It is the responsibility of the swimmer and / or parent to declare to the referee any disability or medical condition that could present a safety risk. If such a disability or medical condition exists swimmers must produce a medical note confirming that their participation presents no health or safety problems.

### **Poolside Management**

1. Access to the poolside is restricted to competitors, officials and holders of coaches passes.
2. Please ensure that the minimum of bags are taken onto the poolside.
3. Please ensure that competitors have some form of footwear and clothing on poolside.
4. Please use the lockers in the changing area. Please get band from the Reception (£1). Refund is from the machine by the Reception where the band is returned into a machine. Please do not leave bags in the changing cubicles.
5. Please do not sit on top of the lockers along the poolside.
6. Swimmers must not access the spectator areas nor go outside of the immediate pool area without wearing a top and shorts/tracksuit bottoms and suitable footwear.
7. Swimmers and spectators **MUST NOT** use the splash pool stairs to gain access to the balcony

### **Safety**

1. All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind.
2. Swimmers should have reached the standard of the ASA Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).
3. Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place
4. The spectator balcony is restricted to a maximum of 180 people.
5. Spectators are not allowed in the locker/changing area whilst the Meet is in progress.
6. It would help us seat disabled spectators if we were informed prior the event of numbers requiring seating

### **Jewellery**

1. For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

### **Unacceptable Behaviour**

1. Behaviour becomes "unacceptable" when it is considered "Offensive" to others; this includes, but is not limited to, the following:
2. Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

### **Doping Control**

1. Random drug testing may take place during this competition. If any competitor is under 16 years of age on the first day of this competition either the parent, guardian or person with parental responsibility as defined by the Children Act 1989 must complete the relevant consent declaration. These shall be available at the help desk.

## Help Desk

1. The Help Desk will be at the Deep End outside of the Pool Area. Please address all requests for information to the Help Desk Stewards

## TV, Video, Photography

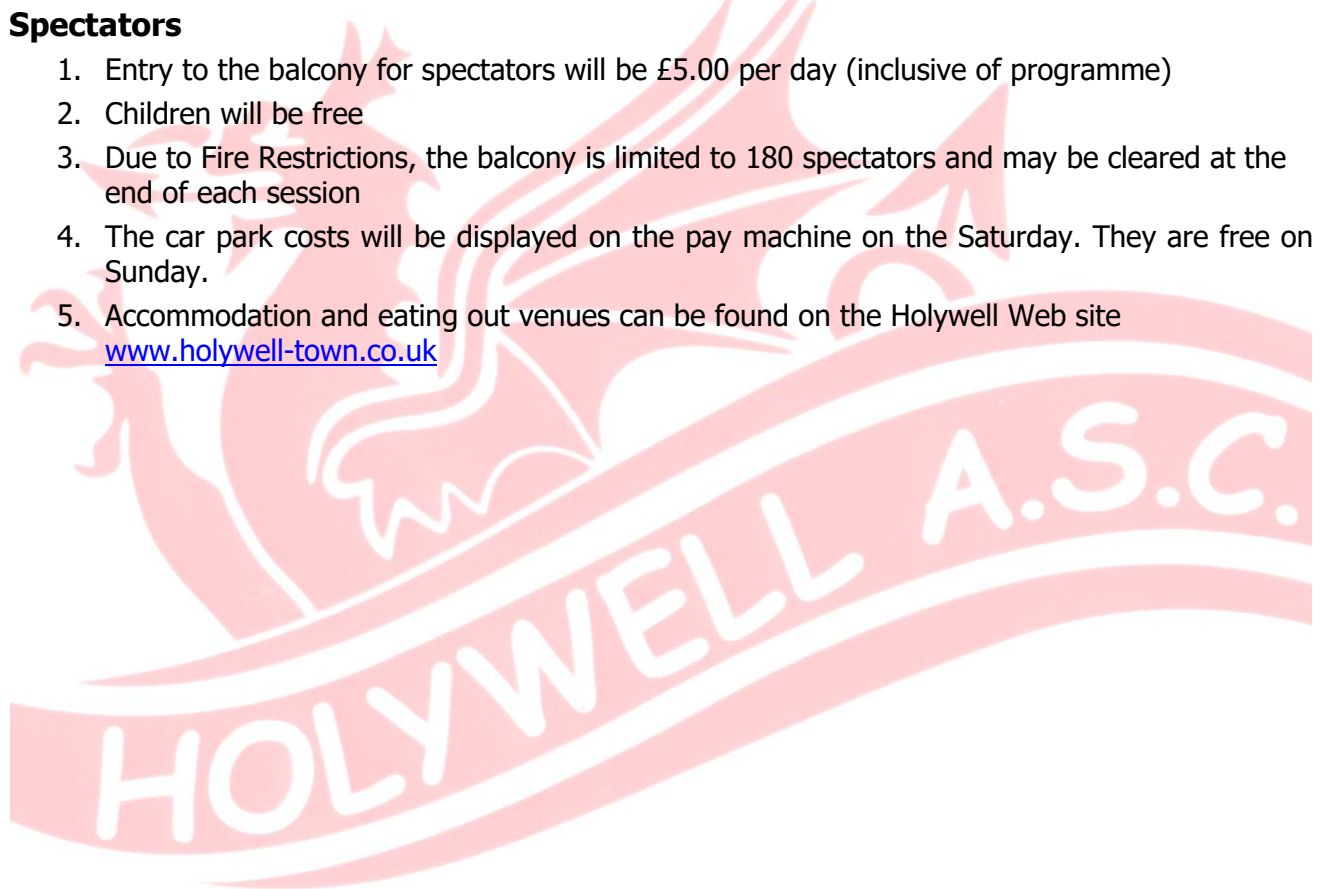
1. It is required that any person(s) wishing to engage in any video, zoom or close range photography must register their details with the **Door Stewards** at the entrance control **BEFORE** carrying out any such photography – this includes all cameras, video cameras, mobile phone cameras, and PDA's that are camera enabled. Proof of identity shall be required to register e.g. driving license. "Approved for photography" ID tags will be issued to all duly registered individuals, these will be available from the door stewards at the time of registration.

## Swim Shop/Photographer

1. There may be a Swim Shop or a photographer (to be confirmed), located in the lobby.

## Spectators

1. Entry to the balcony for spectators will be £5.00 per day (inclusive of programme)
2. Children will be free
3. Due to Fire Restrictions, the balcony is limited to 180 spectators and may be cleared at the end of each session
4. The car park costs will be displayed on the pay machine on the Saturday. They are free on Sunday.
5. Accommodation and eating out venues can be found on the Holywell Web site [www.holywell-town.co.uk](http://www.holywell-town.co.uk)



## HOLYWELL ASC. – Valentine Meet 2017 14<sup>th</sup> and 15<sup>th</sup> January 2017

### Programme of Events

#### All Heats will be run as combined age groups

For these Events Consideration and Qualifying Times apply – only times faster than the Consideration Times (CT) are eligible for these races and Qualifying Times (QT) (Equivalent to ASA A Grade Qualifying times) will be used if the Meet is oversubscribed.

Note that times submitted must be the fasted time as indicated in the overall British Rankings if available (regardless of year that the times were set) and set before the entry closing date of the Meet.

All races are HDW

**Age Groups:** 9, 10, 11, 12, 13, 14, 15/O, 100m all strokes, 50m all strokes + 400m

#### Open Events

200m all strokes + 200m IM

800m - Three heats: Girls only

1500m - Two heats: Boys only

**NB Start times subject to change dependant on numbers of entries and session times – they are currently based on last year's Valentine Meet**

**Saturday, 14<sup>th</sup> January 2017**

#### **Session: 1 Warm Up 08.00 AM Starts at 09:00 AM TBC**

- 1 Boys 9 & Over 100 Freestyle
- 2 Girls 9 & Over 100 Butterfly
- 3 Boys 9 & Over 50 Butterfly
- 4 Girls 9 & Over 50 Breaststroke
- 5 Boys 200 Backstroke
- 6 Girls 9 & Over 400 IM
- 7 Boys 200 Breaststroke

#### **Session: 2 Warm-up 1:00 PM Starts at 2:00 PM TBC**

- 8 Girls 9 & Over 100 Breaststroke
- 9 Boys 9 & Over 100 Backstroke
- 10 Girls 9 & Over 50 Butterfly
- 11 Boys 9 & Over 50 Freestyle
- 12 Girls 200 Freestyle
- 13 Boys 200 Butterfly
- 14 Girls 200 IM
- Break: 20 Minutes
- 15 Girls 800 Freestyle

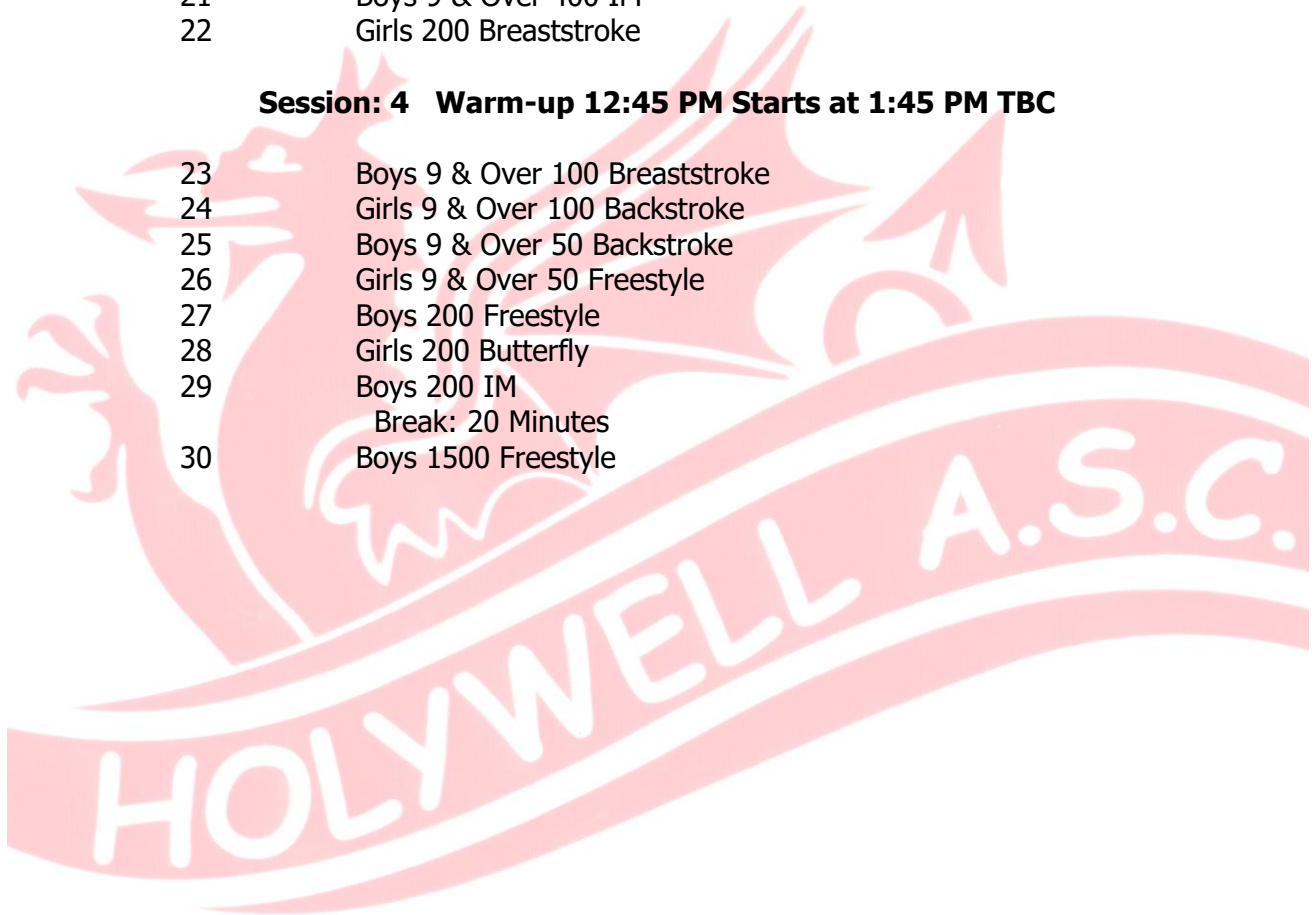
**Sunday, 15<sup>th</sup> January 2017**

**Session: 3 Warm Up 08.30 AM Starts at 09:30 AM TBC**

- 16 Girls 9 & Over 100 Freestyle
- 17 Boys 9 & Over 100 Butterfly
- 18 Girls 9 & Over 50 Backstroke
- 19 Boys 9 & Over 50 Breaststroke
- 20 Girls 200 Backstroke
- 21 Boys 9 & Over 400 IM
- 22 Girls 200 Breaststroke

**Session: 4 Warm-up 12:45 PM Starts at 1:45 PM TBC**

- 23 Boys 9 & Over 100 Breaststroke
- 24 Girls 9 & Over 100 Backstroke
- 25 Boys 9 & Over 50 Backstroke
- 26 Girls 9 & Over 50 Freestyle
- 27 Boys 200 Freestyle
- 28 Girls 200 Butterfly
- 29 Boys 200 IM
- Break: 20 Minutes
- 30 Boys 1500 Freestyle





## COACHES PASSES

Coaches' passes are £20.00 for each, to include poolside access, programmes and result sheets, and morning coffee from 9.00 am, lunch on each day.

### **Passes are limited to 1 per 10 swimmers.**

They will be available for collection from 8.00 onwards on the day at the HELP DESK

Applications should be emailed to [events@holywellswimmingclub.co.uk](mailto:events@holywellswimmingclub.co.uk) and the fees transferred by BACS or given to the HELP DESK day of the Meet

All Coaches require and up to date DBS check and should have the original copy of their CRB documentation with them for examination if requested

### **REQUEST FOR OFFICIALS and TIME KEEPERS**

If anyone from your club is attending the Meet who would like to volunteer as an official or timekeeper we would be most grateful.

Refreshments will be available and a meal is provided to those volunteering for both sessions on each day

Note that all Officials require an up to date DBS check and should have the original copy of their documentation with them for examination if requested

If you could please e-mail [events@holywellswimmingclub.co.uk](mailto:events@holywellswimmingclub.co.uk) with a list of volunteers





**Holywell Amateur Swimming Club**  
**VALENTINE MEET 14<sup>th</sup> /15<sup>th</sup> January 2017**

This form is for your club use only. We will **only** accept Electronic Entries using Hy Tek Team Manager. Entry set up file and help sheet can be downloaded from [www.holywellswimmingclub.co.uk](http://www.holywellswimmingclub.co.uk)  
All communication will be done electronically to [events@holywellswimmingclub.co.uk](mailto:events@holywellswimmingclub.co.uk).  
Paper copies are not necessary.  
All times **must** be converted to 25m pool. **Age as 14<sup>th</sup> January, 2017**

**CLOSING DATE FOR ENTRIES**  
**16<sup>th</sup> December 2016**

**ENTRY FEE £4.75 per Event/£9.00 for 800M & 1500M**  
All fees should be paid directly into the HASC Bank Account  
BACS: Sort Code: 20-25-69. A/C no: 00462403. Please use Club Name/Valentine Entries in reference

NAME		Distance	Free	Back	Breast	Fly	IM
DOB		50m					
Reg. No		100m					
Age Group		200m					
		400M					
		800M					