



# Holywell ASC Group Hours August 2016

	MON	TUE	WED	THUR	FRI	SAT	SUN	HRS
PERFORMANCE	5:30pm To 7:30pm	5:30pm To 7:30pm 5:30 – 7.00am	5:30pm To 7:30pm	7:30pm To 8:30pm	6:30pm To 8:30pm	7am To 9am		11
				5:30 – 7.00am				3
				6pm To 7pm LT				2
				9:30am To 10:30am LT				16
JUNIOR PERFORMANCE	5:30pm To 7:30pm	5:30pm To 7:30pm 5:30 – 7.00am	5:30pm To 7:30pm	7:30pm To 8:30pm		7am To 9am		9
				5:30 – 7.00am				3
				6pm To 7pm LT				2
				9:30am To 10:30am LT				14
GOLD	5:30pm To 6:30pm	5:30 – 7.00am	5:30pm To 6:30pm	7:30pm To 8:30pm	6:30pm To 8:30pm	7am To 9am		7
				5:30 – 7.00am				3
				6pm To 7pm LT				2
				9:30am To 10:30am LT				12
SILVER	5:30pm To 6:30pm	5:30 – 7.00am	6:30pm To 7:30pm	7:30pm To 8:30pm	6:30pm To 8:30pm	7am To 8am		6
				5:30 – 7.00am				3
				6pm To 7pm LT				2
				9:30am To 10:30am LT				11
WHITE	6:30pm To 7:30pm	5:30 – 7.00am		7:30pm To 8:30pm		7am – 8am	4pm To 6pm	5
				5:30 – 7.00am				3
				6pm To 7pm LT				2
				9:30am To 10:30am LT				10
BLUE	5:30pm To 6:30pm	5:30 – 7.00am		7:30pm To 8:30pm	7:30pm To 8:30pm		4pm To 6pm	5
				5:30 – 7.00am				3
				6pm To 7pm LT				2
				9:30am To 10:30am LT				10
BRONZE	5:30pm To 6:30pm	5:30 – 7.00am		5:30 – 7.00am	7:30pm To 8:30pm	7am To 8am	4pm To 6pm	5
				6pm To 7pm LT				3
								1
								9
YOUNG OLYMPIANS 1		6:30pm To 7:30pm 5:30 – 7.00am		5:30pm To 6:30pm	6:30pm To 7:30pm	8am To 9am	5pm To 6pm	5
				5:30 – 7.00am				3
								8
YOUNG OLYMPIANS 2		5:30pm To 6:30pm 5:30 – 7.00am		5:30pm To 6:30pm	6:30pm To 7:30pm	8am To 9am	5pm To 6pm	5
				5:30 – 7.00am				3
								8
GREEN		5:30 – 7.00am		5:30pm To 6:30pm		8am To 9am	4pm To 6pm	4
				5:30 – 7.00am				3
								7
WATER DRAGONS 1				6:30pm To 7:30pm		8am To 9am	4pm To 5pm	3
								3
WATER DRAGONS 2				6:30pm To 7:30pm		8am To 9am	4pm To 5pm	3
								3
MINNOW 1				6:30pm To 7:30pm	6:30pm To 7:30pm		4pm To 5pm	3
								3
Dolphins/Masters		5:30 – 7.00am		5:30 – 7.00am	7:30pm – 8:30pm	7am To 8am	5pm To 6pm	3
								3
								6